







JAPAN

JUNE VALEO ENGAGEMENT 2019



JAPAN

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  				<p>MEETING PLACES</p> <p>VN - Valeo Neighborhood BBO - Blue Bonnet Dining Room CB - central Balcony EC - Event Center BB - Blue Sage Bistro PT - Palace Theater AN - Admiral Nimitz Lounge TB - Texas Star Bistro TH - Texas hold'em Lounge FC - Fitness Center VOW - Villages of Windcrest</p>	<p>DIMENSIONS OF WELLNESS</p> 	<p>1</p> <p>ALL DAY- Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking-Japanese word of the day, BBO 9:30-11:30am Active Living- Coffee and Cookies on the Terrace; Rumnikub, CB 2:00-4:00pm Positive Socialization: Creative Crafts, Dominoes, EC 4:00-5:00pm-Transition Time- Resident Music Hour, BB 6:00-8:00pm-Community Pick- Movie Night, community pick</p>
2	3	4	5	6	7	8
<p>ALL DAY- Creative Expression- Solvere Connection, VN 6:30am-8:30 Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Active Living-Create and Compose-Resident Choice, PT 2:00-4:00pm- Weekend Leisure- Sundae Funday, AN 4:00-5:00pm-Transition Time- Resident Music Hour, BB 6:00-8:00pm- Community Connection- Sunset on the Balcony, CB</p>	<p>ALL-DAY Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 10:00-12:00 am Creative Outlet: Cherry Blossom Canvas, Origami and Japanese Color Pages, EC 2:00-4:00pm Afternoon Social- Beigoma and Daruma Otoshi tournament, TH 4:00-5:00pm Transition Time- Resident Music Hour, BB 6:00-8:00pm Community Connection- Game Night, BBO</p>	<p>ALL DAY Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Active Living- Gardening with friends, Resident Choice VN 2:00-4:00pm Afternoon Social Hot Tea, Current Events, and Trivia, EC 3:00-4:00pm Story Hour- Japanese Folktales and Fables, LBC 4:00-5:00pm Transition Time- Resident Music Hour, BB 6:00-8:00pm Community Connection- Puzzle Party, TH</p>	<p>ALL DAY Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking-Japanese word of the day!, BBO 9:30-11:30am Wellness Wednesday- Kjerste Wellness with Hylary, EC 2:00-4:00pm Create and Compose- Japanese Culinary Creations, EC 4:00-5:00pm Transition Time-Resident Music Hour, BB 6:00-8:00pm Community Connection- Dealers Choice, TH</p>	<p>ALL DAY Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Active Living- Gardening with friends, VN Suikiwari Tournament, WG 2:00-4:00pm Day of Beauty and Pampering; Japanese Make-up with Cyndi, EC 4:00-5:00pm Transition Time- Resident Music Hour, BB 6:00-8:00pm Community Connection- Game Night, BBO</p>	<p>ALL DAY Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Brain Busters: Quizzland, 94% and Tricky Riddles, TH 10:00-11:00am Fun Fridays with Valoree, VOW 2:00-4:00pm Happy Hour- Appetizers, drinks, and Music, AN 4:00-5:00pm Transition Time- Resident Music Hour, BB 6:00-8:00pm Intellectual Enlightenment: Netflix Documentary, Rumikube, PT</p>	<p>ALL DAY- Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day, BBO 9:30-11:30am Active Living- Coffee and Cookies on the Terrace; Rumnikub, CB 2:00-4:00pm Positive Socialization: Creative Crafts, Dominoes, EC 4:00-5:00pm-Transition Time- Resident Music Hour, BB 6:00-8:00pm-Community Pick- Movie Night, community pick</p>
9	10	11	12	13	14	15
<p>ALL DAY- Creative Expression- Solvere Connection, VN 6:30am-8:30 Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Active Living-Create and Compose-Resident Choice, PT 2:00-4:00pm- Weekend Leisure- Sundae Funday, AN 4:00-5:00pm-Transition Time- Resident Music Hour, BB 6:00-8:00pm- Community Connection- Sunset on the Balcony, CB</p>	<p>ALL Day- Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 10:00-12:00am Creative Outlet: Japanese Calligraphy, Origami and Japanese Color Pages, EC 2:00-4:00pm Outing- Scenic Wild Flower Tour, EC 4:00-5:00pm Transition Time- Resident Music Hour, BB 6:00-8:00pm Community Connection- Game Night, BBO</p>	<p>All Day Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Active Living- Gardening with friends, Resident Choice VN 2:00-3:00pm Women's Bible Study with Sharon, EC 3:00-4:00pm Story Hour- Japanese Folktales and Fables, LBC 4:00-5:00pm Transition Time- Resident Music Hour, BB 6:00-8:00pm Community Connection- Puzzle Party, TH</p>	<p>ALL Day Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking-Japanese word of the day!, BBO 9:30-11:30am Wellness Wednesday with Heather: Morning Stretches and Karaoke, EC 2:00-4:00pm Chef Display and Create- Japanese Culinary Creations with Chef Che, EC 4:00-5:00pm Transition Time-Resident Music Hour, BB 6:00-8:00pm Community Connection- Dealers Choice, TH</p>	<p>ALL DAY Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Active Living- Gardening with friends, VN Suikiwari Tournament, WG 2:00-4:00pm Country Dancing with Rose, AN 4:00-5:00pm Transition Time- Resident Music Hour, BB 6:00-8:00pm Community Connection- Game Night, BBO</p>	<p>All DAY Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Brain Busters: Quizzland, 94% and Tricky Riddles, TH 10:00-11:00am Fun Fridays with Valoree, VOW 2:00-4:00pm Japanese Happy Hour - Saki Tasting, AN 4:00-5:00pm Transition Time- Resident Music Hour, BB 6:00-8:00pm Intellectual Enlightenment: Netflix Documentary, Rumikube, PT</p>	<p>ALL DAY- Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day, BBO 9:30-11:30am Active Living- Coffee and Cookies on the Terrace; Rumnikub, CB 2:00-4:00pm Positive Socialization: Creative Crafts, Dominoes, EC 4:00-5:00pm-Transition Time- Resident Music Hour, BB 6:00-8:00pm-Community Pick- Movie Night, community pick</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>ALL DAY- Creative Expression- Solvere Connection, VN 6:30am-8:30 Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Active Living-Create and Compose-Resident Choice, PT 12:00-1:00pm- Father's Day Luncheon 2:00-4:00pm- Weekend Leisure- Sundae Funday, AN 4:00-5:00pm-Transition Time- Resident Music Hour, BB 6:00-8:00pm- Community Connection- Sunset on the Balcony, CB</p>	<p>17</p> <p>ALL DAY Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 10:00-12:00pm Creative Outlet: Bonsai Canvas, Origami and Japanese Color Pages, EC 2:00-4:00pm Afternoon Social- Beigoma and Daruma Otoshi tournament, TH 4:00-5:00pm Transition Time- Resident Music Hour, BB 6:00-8:00pm Community Connection- Game Night, BBO</p>	<p>18</p> <p>ALL Day Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Active Living- Gardening with friends, Resident Choice VN 10:00-11:00am Social Festivities: Prize Bingo, Wheel of Fortune, Dominoes, EC 2:00-3:00pm Women's Bible Study with Sharon, EC 3:00-4:00pm Story Hour- Japanese Folktales and Fables, LBC 4:00-5:00pm Transition Time-Resident Music Hour, BB 6:00-8:00pm Community Connection- Puzzle Party, TH</p>	<p>19</p> <p>ALL DAY Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Active Living- Tai Chi Health and Recovery, FC 2:00-4:00pm Create and Compose- Japanese Culinary Creations, EC 4:00-5:00pm Transition Time-Resident Music Hour, BB 6:00-8:00pm Community Connection- Dealers Choice, TH</p>	<p>20</p> <p>ALL DAY Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Active Living- Gardening with friends, VN Suikiwari Tournament, WG 2:00-4:00pm Jeff Talks, EC 4:00-5:00pm Transition Time- Resident Music Hour, BB 6:00-8:00pm Community Connection- Game Night, BBO</p>	<p>21</p> <p>ALL DAY Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Brain Busters: Quizzland, 94% and Tricky Riddles, TH 10:00-11:00am Fun Fridays with Valoree, VOW 2:00-4:00pm Happy Hour- Appetizers, drinks, and Music, AN 4:00-5:00pm Transition Time- Resident Music Hour, BB 6:00-8:00pm Intellectual Enlightenment: Netflix Documentary, Rumikube, PT</p>	<p>22</p> <p>ALL DAY- Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Active Living- Coffee and Cookies on the Terrace; Rumnikub, CB 2:00-4:00pm Positive Socialization: Creative Crafts, Dominoes, EC 4:00-5:00pm-Transition Time- Resident Music Hour, BB 6:00-8:00pm-Community Pick- Movie Night, community pick</p>
<p>23</p> <p>ALL DAY- Creative Expression- Solvere Connection, VN 6:30am-8:30 Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Active Living-Create and Compose-Resident Choice, PT 2:00-4:00pm- Weekend Leisure- Sundae Funday, AN 4:00-5:00pm-Transition Time- Resident Music Hour, BB 6:00-8:00pm- Community Connection- Sunset on the Balcony, CB</p>	<p>24</p> <p>ALL DAY- Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 10:00-12:00pm Creative Outlet: Origami and Japanese Color Pages, EC 9:00am-3:00pm Trip to Japanese Tea Gardens and Jingu House Cafe, VOW 4:00-5:00pm Transition Time- Resident Music Hour, BB 6:00-8:00pm Community Connection- Game Night, BBO</p>	<p>25</p> <p>ALL DAY Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Active Living-Gardening with friends, Resident Choice, VN 10:00am Social Festivities: Prize Bingo, Wheel of Fortune, Dominoes, EC 2:00-3:00pm Women's Bible Study with Sharon, EC 3:00-4:00pm Story Hour- Japanese Folktales and Fables, LBC 4:00-5:00pm Transition Time-Resident Music Hour, BB 6:00-8:00pm Community Connection- Puzzle Party, TH</p>	<p>26</p> <p>ALL DAY Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Wellness Wednesday with Heather: Morning Stretches and Karaoke, EC 2:00-4:00pm Create and Compose- Japanese Culinary Creations, EC 4:00-5:00pm Transition Time-Resident Music Hour, BB 6:00-8:00pm Community Connection- Dealers Choice, TH</p>	<p>27</p> <p>ALL DAY Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Active Living- Gardening with friends, VN Suikiwari Tournament, WG 2:00-4:00pm New Resident Social and Japanese Tastings, EC 4:00-5:00pm Transition Time-Resident Music Hour, BB 6:00-8:00pm Community Connection- Game Night, BBO</p>	<p>28</p> <p>ALL DAY Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Brain Busters: Quizzland, 94% and Tricky Riddles, TH 10:00-11:00am Fun Fridays with Valoree, VOW 2:00-4:00pm Japan Family Celebration, AN 4:00-5:00pm Transition Time- Resident Music Hour, BB 6:00-8:00pm Intellectual Enlightenment: Netflix Documentary, Rumikube, PT</p>	<p>29</p> <p>ALL DAY- Creative Expression- Solvere Connection, VN 6:30-8:30am Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Active Living- Coffee and Cookies on the Terrace; Rumnikub, CB 2:00-4:00pm Positive Socialization: Creative Crafts, Dominoes, EC 4:00-5:00pm-Transition Time-Resident Music Hour, BB 6:00-8:00pm-Community Pick- Movie Night, community pick</p>
<p>30</p> <p>ALL DAY- Creative Expression- Solvere Connection, VN 6:30am-8:30 Gentle Waking- Japanese word of the day!, BBO 9:30-11:30am Active Living-Create and Compose-Resident Choice, PT 2:00-4:00pm- Weekend Leisure- Sundae Funday, AN 4:00-5:00pm-Transition Time- Resident Music Hour, BB 6:00-8:00pm- Community Connection- Sunset on the Balcony, CB</p>					<p>MEETING PLACES</p> <p>VN - Valeo Neighborhood BBO - Blue Bonnet Dining Room CB - central Balcony EC - Event Center BB - Blue Sage Bistro PT - Palace Theater AN - Admiral Nimitz Lounge TB - Texas Star Bistro TH - Texas hold'em Lounge FC - Fitness Center VOW - Villages of Windcrest</p>	<p>DIMENSIONS OF WELLNESS</p>